

# CANLYNIADAU 2013 RESULTS

## BOXING DAY 2UP TIME TRIAL

DECEMBER 26TH - 2013

DALAR A55

POSITION	RIDERS	TIME
1.	JOHN PAUL OWEN / GARETH BLACKSHAW	26.05
2.	IAN HUBAND / STEVE MATTHEWS	27.38
=3	MEDWYN WILLIAMS / ALED WILLIAMS	27.50
=3	DEWI JONES / JASMINE SHARP - TANDEM	27.50
5.	ANNIE GLOVER / IFOR PHILLIPS	28.47
6.	ALAN OWEN / ARWEL GRIFFITHS	29.57
7.	PAUL MARTIN / DARREN RENTON	38.17

## GARETH WYN WILLIAMS MEMORIAL HILLCLIMB

## HOLYHEAD C.C. CLUB HILLCLIMB CHAMPIONSHIPS

## PORTHDAFARCH / PENRHOSFEILW - SOUTH STACK

SEPTEMBER 14TH - 2013

OVERALL POSITION	RIDER	LEG 1 PORTHDAFARCH -PENRHOSFEILW	POSITON	LEG 2 SOUTH STACK	POSITION	OVERALL TIME
1.	DAN EVANS	2.32	1.	3.02	1.	5.34
=2.	ALEX JONES	2.47	3.	3.21	3.	6.08
=2.	MATT BURTON	2.48	=4	3.20	2.	6.08
4.	GARETH BLACKSHAW	2.39	2.	3.46	=9	6.25
=5.	ALED ROBERTS	2.54	7	3.33	4.	6.27
=5.	EUROS JONES	2.48	=4	3.39	7.	6.27
7.	IFOR PHILLIPS	2.51	6	3.37	6.	6.28
8.	GAFYN JONES	2.57	8	3.35	5.	6.32
9.	DAVID HUGHES	3.00	=9.	3.43	8.	6.43
10.	RICHARD MORRIS	3.00	=9.	3.46	=9	6.46
11.	DELME DAVIES	3.04	11.	3.54	11	6.58
12.	IAN HUBAND	3.13	12.	4.13	13	7.26
13.	GARETH HIND	3.19	13.	4.08	12	7.27
14.	IWAN EVANS	3.22	14.	4.20	14	7.42
15.	GARETH OWEN	3.42	15.	4.24	15	8.06
16.	IAN WILLIAMS	3.48	16.	4.44	16	8.32

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**MYNYDD PARYS HILLCLIMB**

**AMLWCH**

**SEPTEMBER 9TH 2013**

<b>POSITION</b>	<b>RIDER</b>	<b>TIME</b>
1.	GARETH MCGUINNESS - ENERGY CYCLES	3.02
2.	IWAN PARRY - CRM	3.05
3.	GAVIN JONES	3.12
4.	IFOR PHILLIPS	3.15
5.	DYLAN THOMAS	3.19
6.	ALED WILLIAMS	3.23
7.	ADRIAN THOMAS	3.30
8.	JASON WALSH	3.35
= 9	HUW PARRY - CRM	3.42
= 9	IAN HUBAND	3.42
11.	KYLE OWEN	3.47
12.	GARETH OWEN	3.48
13.	ALAN OWEN	4.16

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**CLUB 5 MILE TIME TRIAL**

**TREBAN - BRYNGWRAN - TREBAN**

**AUGUST 22ND**

<b>POSITION</b>	<b>RIDER</b>	<b>TIME</b>
1.	GARETH MCGUINNESS	11.04
2.	EUROS JONES	11.38
3.	TOM LAWTON	11.55
4.	ALED WILLIAMS	12.17
5.	DAVE HUGHES	12.18
6.	IFOR PHILLIPS	12.20
7.	HYWEL JONES	12.46
8.	ADRIAN THOMAS	13.29
9.	ANDREW WESTWELL	13.59
10.	KYLE OWEN	14.01
11.	GARETH OWEN	14.22
12	ALAN OWEN	14.40
13.	MARY WALSH	15.55

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## CLUB 25 MILE CHAMPIONSHIPS

AUGUST 8TH

ABERFFRAW



POSITION	RIDER	TIME
1.	GARETH MCGUINNESS - ENERGY CC	57.17 COURSE RECORD
2.	GARRY ELLIS - ENERGY CC	58.01
3.	ALUN WILLIAMS - ENERGY CC	1.00.27
4.	GARETH BLACKSHAW - GOLD	1.01.57
5.	PAUL MARTIN - SILVER	1.03.44
6.	IFOR PHILLIPS - BRONZE	1.05.05
7.	ARTHUR THOMAS	1.06.34
8.	DAVE WILLIAMS	1.08.16
9.	JON TYLER	1.10.36
10.	GARETH OWEN	1.32.25

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## CLUB 5 MILE TIME TRIAL

JULY 25TH

TREBAN - BRYNGWRAN - TREBAN

POSITION	RIDER	TIME
1.	GARETH BLACKSHAW	11.38
2.	IFOR PHILLIPS	12.10
3.	ALED WILLIAMS	12.24
4.	PAUL MCGUINNESS	13.30
5.	ADRIAN THOMAS	13.32
6.	IAN HUBAND	13.45
7.	KYLE OWEN	14.42
8.	ALAN OWEN	14.45
9.	ANDREW WESTWELL	15.15
10.	DION WILLIAMS	16.44

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**CLUB 10 MILE CHAMPIONSHIPS TIME TRIAL (MONARFON LEAGUE EVENT)**

**JULY 18TH**

**DALAR - A55**

POSITION	RIDER	TIME
1.	GARETH BLACKSHAW – HOLYHEAD C.C. - GOLD	22.49
2.	MATHEW NOTTINGHAM - ENERGY CC	23.49
3.	PAUL MARTIN – HOLYHEAD C.C. - SILVER	23.54
4.	GARETH HIND - CRM	23.58
5.	IWAN PARRY - CRM	23.59
6.	DEWI JONES – HOLYHEAD C.C. - BRONZE	24.00
7.	IFOR PHILLIPS – HOLYHEAD C.C	24.01
8.	GAFYN JONES – HOLYHEAD C.C.	24.03
9.	ARTHUR THOMAS – HOLYHEAD C.C.	24.17
10.	JON TYLER – HOLYHEAD C.C.	24.55
11.	JOHN WILLIAMS – ENERGY CC	25.27
12.	DEREK SAYER – ENERGY CC	25.45
13.	MARK BOWMAN – HOLYHEAD C.C.	25.49
14.	HUW PARRY - CRM	26.08
15.	NEIL BRIDGESTOCK – HOLYHEAD C.C.	26.17
16.	JASMINE SHARP – HOLYHEAD C.C.	27.41
17.	KAREN AGER – HOLYHEAD C.C.	29.04
18.	EURWYN HUGHES – HOLYHEAD C.C.	30.21

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**CLUB 8 MILE TIME TRIAL**

**JULY 11TH**

**LLANFAELOG**

POSITION	RIDER	TIME
1.	GARETH BLACKSHAW	18.39
2.	GAFYN JONES	18.57
3.	PAUL MARTIN	19.07

4.	DEWI JONES	19.20
5.	IFOR PHILLIPS	19.21
6.	ARTHUR THOMAS	19.23
7.	MARK BOWMAN	20.03
8.	DEREK SAYER – ENERGY CYCLES	20.34
9.	JASMINE SHARP	21.39
10.	EURWYN HUGHES	22.37
11.	KAREN AGER	22.38
12.	ALAN OWEN	23.08

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**CLUB 5 MILE TIME TRIAL**

**JUNE 26TH**

**TREBAN - DALAR - TREBAN**

POSITION	RIDER	TIME
1.	ALED WILLIAMS (2)	11.41
2.	MARK BOWMAN	12.13
3.	JASON WALSH	12.17
4.	MEDWYN WILLIAMS	12.26
5.	ADRIAN THOMAS	12.36
6.	IAN HUBAND	12.41
7.	ALAN OWEN	13.43
8.	DION WILLIAMS / IFOR PHILLIPS - 2UP	13.55
9.	MARY WALSH	15.07

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**CLWB SEICLO CAERGYBI - HOLYHEAD CYCLING CLUB**

**8 MILE CHAMPIONSHIPS**

**LLANFAELOG - JUNE 13TH**



POSITION	RIDER	TIME
=1	MEDWYN WILLIAMS – GOLD	19.10
=1	STEVE PRITCHARD – CRM	19.10
3.	IFOR PHILLIPS – SILVER	19.16
4.	PAUL MARTIN – BRONZE	19.26

<b>5.</b>	<b>GAFYN JONES</b>	<b>19.34</b>
<b>6.</b>	<b>JON TYLER</b>	<b>20.08</b>
<b>7.</b>	<b>MARK BOWMAN</b>	<b>20.44</b>
<b>8.</b>	<b>HUW PARRY – CRM</b>	<b>21.24</b>
<b>9.</b>	<b>CHARLOTTE PARRY - CRM</b>	<b>23.59</b>

**Cymdeithas Seiclo - Gwynedd - Cycling Association**

**Clwb Seiclo Caergybi - 10 Mile Time Trial Result Sheet - 5th june 2013**

No	Name	Club	Category	Actual Time	Vet Std	+/-
1	Alun Williams	Energy	V	22.18	26:18:00	+4:00
2	Caron Rees Jones	Dwyfor	F	26.42	N/A	
3	Marc Bowman	Caergybi	V	25.25	26:13:00	+0:48
4	Medwyn Williams	Caergybi	V	23.23	26:45:00	+3:22
5	Ifor Phillips	Mona	V	23.17	26:45:00	+3:28
6	Robert Jones	Rhos on Sea	V	26.32	27:51:00	+1:19
7	Jasmine Sharp	Caergybi	F	26.22	N/A	
8	Mark Richards	Rhos on Sea	V	26.33	26:23:00	-0:10
9	Huw Parry	Mona	V	26.15	28:32:00	+2:17
10	Mike Burns	Rhos on Sea	V	23.27	26:45:00	+3:18
11	Pete Booth	Rhos on Sea	V	29.39	29:02:00	-0:37
12	John Williams	Energy	V	25.09	28:14:00	+3:05
13	Mathew Nottingham	Energy		23.34	N/A	
14	Paul Martin	Caergybi	V	23.40	26:41:00	+3:01
15	Wayne Owen	Energy	V	22.40	26:04:00	+3:24
16	Derek Sayer	Energy	V	25.59	28:14:00	+2:15
17	Guto Wyn	Mona		DNS	N/A	
18	Dewi Jones	Caergybi	V	24.03	26:32:00	+2:29
19	Arthur Thomas	Caergybi	V	23.32	28:52:00	+5:20
20	Garry Ellis	Energy	V	22.19	26:27:00	+4:08
21	Ben Beachell	Rhos on Sea	V	26.01	26:13:00	+0:12
22	Meirion Davies	Energy	V	DNS	26:09:00	
23	Gareth McGuinness	Energy	V	21.45	26:18:00	+4:33
24	Justin McIlveen	Rhos on Sea	V	21.39	26:09:00	+4:30
25						

1st Overall - Justin McIlveen 21:39  
 2nd Overall - Gareth McGuinness 21:45  
 3rd Overall - Garry Ellis 22:18

Fastest Veteran- Alun Williams 22:19

Fastest Vet Standard - Arthur Thomas  
Fastest Lady - Jasmine Sharp

05:20  
26:22:00

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**CLUB 8 MILE TIME TRIAL**

**MAY 30TH**

**LLANFAELOG**

**( CLUB 25 MILE CHAMPS POSTPONED DUE TO ROADWORKS )**

<b>POSITION</b>	<b>RIDER</b>	<b>TIME</b>
1.	GARRY ELLIS – ENERGY CYCLES	17.52
2.	GARETH MCGUINNESS – ENERGY CYCLES	18.00
3.	GARETH BLACKSHAW	18.58
4.	MEDWYN WILLIAMS	19.08
5.	IFOR PHILLIPS	19.14
6.	ARTHUR THOMAS	19.33
7.	GAFYN JONES	19.37
8.	ALED WILLIAMS	19.49
9.	JON TYLER	20.01
10.	BRIAN WILLS	20.06
11.	JASON WALSH	21.25
12.	DEWI JONES	21.50
13.	JASMINE SHARP	22.14
14.	EURWYN HUGHES	23.51

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**CLUB 10 MILE MONARFON TIME TRIAL**

**MAY 16TH**

**DALAR - A55**

<b>POSITION</b>	<b>RIDER &amp; CLUB</b>	<b>TIME</b>
1.	GARETH MCGUINNESS – ENERGY	21.53
2.	GARRY ELLIS – ENERGY	22.49
3.	GARETH BLACKSHAW – HOLYHEAD CC	22.53

4.	WAYNE JONES - ENERGY	23.20
5.	GARETH HIND - CRM	23.28
6.	PAUL MARTIN – HOLYHEAD CC	23.58
7.	IWAN PARRY - CRM	24.07
8.	ARTHUR THOMAS – HOLYHEAD CC	24.12
9.	MEDWYN WILLIAMS – HOLYHEAD CC	24.14
10.	IFOR PHILLIPS – HOLYHEAD CC	24.39
11.	HYWEL JONES – HOLYHEAD CC	24.42
12.	DEWI JONES – HOLYHEAD CC	24.45
13.	ALED WILLIAMS – HOLYHEAD CC	25.33
14.	DEREK SAYER – ENERGY	25.45
15.	GAFYN JONES – HOLYHEAD CC	26.02
16.	MARK BOWMAN – HOLYHEAD CC	26.15
17.	JASMINE SHARP – HOLYHEAD CC	26.48
18.	GUTO WYN - CRM	27.38
19.	KAREN AGER – HOLYHEAD CC	28.00
20.	JASON WALSH – HOLYHEAD CC	28.43
21.	EURWYN HUGHES – HOLYHEAD CC	29.59

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**CLUB 5 MILE TIME TRIAL**

**APRIL 25TH**

**TREBAN/BRYNGWRAN**

POSITON	RIDER	TIME
1.	GARETH BLACKSHAW	11.46
2.	PAUL MARTIN	12.23
3.	MARK BOWMAN	12.58
4.	ALED WILLIAMS	13.19
5.	IFOR PHILLIPS	13.28
6.	GAVIN JONES	13.34
7.	JASMINE SHARP	13.50
8.	ROBERT ARGYLE	14.16
9.	JOHN R JONES	14.25
10.	EURWYN HUGHES	15.19
11.	KAREN AGER	15.50
12.	ALAN OWEN	15.54
13.	BARRY JOHN OWEN	17.28

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**CLUB 10 MILE TIME TRIAL**



**APRIL 18TH - 2013**

**DALAR -A55**

<b>POSITION</b>	<b>RIDER</b>	<b>TIME</b>
1.	GARETH BLACKSHAW	22.55
2.	GARETH HIND - CRM	23.33
3.	PAUL MARTIN	24.06
4.	MEDWYN WILLIAMS	24.12
5.	HYWEL JONES	24.20
6.	IWAN MORTON - CRM	24.27
7.	ALED WILLIAMS	25.34
8.	NEIL BRIDGESTOCK	25.47
9.	JON TYLER	25.48
10.	MARK BOWMAN	26.02
11.	EURWYN HUGHES	30,53

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**CLUB 8 MILE TIME TRIAL**

**APRIL 4TH - 2013**

**LLANFAELOG**

<b>POSITION</b>	<b>RIDER</b>	<b>TIME</b>
1.	GARETH BLACKSHAW	20.08
2.	PAUL MARTIN	20.29
3.	BRIAN WILLS	22.01
4.	ALED WILLIAMS	22.19
5.	JON TYLER	22.24
6.	NEIL BRIDGESTOCK	22.33
7.	DEWI JONES	22.40
8.	HYWEL JONES	22.41
9.	MARK BOWMAN	23.09
10.	MEDWYN WILLIAMS	24.16
11.	JASMINE SHARP	25.21
12.	IAN HUBAND	26.42
13.	ALAN OWEN	28.24
14.	EURWYN HUGHES	28.52
15.	GARETH OWEN	29.43
16.	MARY WALSH	30.46

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WINTER LEAGUE FINAL OVERALL STANDINGS 2013

POSITION	RIDER	POINTS
GOLD	MARK BOWMAN	3PTS
SILVER	NEIL BRIDGSTOCK	4PTS TOTAL TIME - 28.11SECS
BRONZE	PAUL MARTIN	4 PTS - TOTALTIME - 28.12SECS

WINTER LEAGUE ROUND 3

MARCH 10TH 2013

POSITION	RIDER	TIME
1.	GARETH BLACKSHAW	13.04
2.	MARK BOWMAN	13.36
3.	PAUL MARTIN	13.47
=4	JON TYLER	14.36
=4	NEIL BRIDGSTOCK	14.36
=6	IAN HUBAND	14.47
=6	BRIAN WILLS	14.47
8.	ADRIAN THOMAS	15.02
9.	DAVID WILLIAMS	15.32
10.	ALED WILLIAMS	15.40
11.	GAVIN JONES	15.44
12.	EURWYN HUGHES/GARETH WYN OWEN	17.54
13.	MARY WALSH	17.59
14.	DEE MIZEN	18.44
15.	KAREN AGER/GWENNO HUGHES	19.44

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WINTER LEAGUE ROUND 2

FEBRUARY 17TH 2013

POSITION	RIDER	TIME
1.	NEIL BRIDGSTOCK	13.35
2.	MARK BOWMAN	13.38
3.	STEPHEN PRITCHARD	13.59
4.	ALED WILLIAMS #2	14.03

5.	HYWEL JONES	14.10
6.	JON TYLER	14.41
7.	BRIAN WILLS	14.42
8.	ADRIAN THOMAS	14.54
=9.	JASON WALSH	14.57
=9.	ARWEL GRIFFITHS	14.57
11.	KARL TRUSWELL	15.00
12.	GARETH JONES	15.18
13.	ALED WILLIAMS #1	15.31
14.	ALAN OWEN	16.29
15.	GARETH OWEN	17.12
16.	EURWYN HUGHES	17.25
17.	DEE MIZEN	17.37
18.	WAYNE TORR	18.02

**WINTER LEAGUE ROUND 1**

**SUNDAY JANUARY 27TH**

**TREBAN - DALAR - TREBAN 5 MILE**

POSITION	RIDER	TIME
1	Marco Bowman	14.24
2	Paul Martin	14.25
3	Medwyn Williams	14.54
4	John Paul Owen	14.56
5	Jonathan Tyler	15.06
6	Ian Huband	15.28
7	Iolo Hughes	15.47
8	Adrian Thomas	15.54
9	Eurwyn Hughes	17.48
10	Gareth Wyn Owen	20.40

**BOXING DAY 10 MILE TIME TRIAL**

**DECEMBER 26TH 2012**

**DALAR/A55**

POSITION	RIDER	TIME
1	ALEX JONES - CRM	25.50
2 – TWO UP	MARK BOWMAN/ALED WILLIAMS	27.49
3 - TWO UP	JOHN PAUL OWEN/GARETH BLACKSHAW	28.21

<b>4 – TWO UP</b>	<b>IFOR PHILLIPS/DEWI JONES</b>	<b>29.07</b>
<b>5 – TWO UP</b>	<b>PAUL MARTIN/DAVE WILLIAMS</b>	<b>29.47</b>
<b>6 – THREE UP</b>	<b>ALED WILLIAMS/MARK BRACEGIRDLE/ARWEL GRIFFITHS</b>	<b>30.33</b>
<b>7 – TWO UP</b>	<b>MEDWYN WILLIAMS/ RHYS WILLIAMS</b>	<b>31.01</b>