



CANLYNIADAU / RESULTS

2010

BOXING DAY 10 MILE TT

26/12/09 - DALAR

1.	GARETH BLACKSHAW	26.28
2.	GARETH WILLIAMS	27.53
3.	MEDWYN WILLIAMS	28.16
4.	ARWEL JONES	28.48
5.	DAVID WILLIAMS	29.12
6.	JOHN PAUL OWEN	29.28
7.	MARK BOWMAN	30.34
8.	DELWYN WILLIAMS	31.26

HOLYHEAD C.C. WINTER LEAGUE - ROUND 1

JANUARY 17TH 2010

5 MILE TT - TREBAN - DALAR - TREBAN

<i>POSITION</i>	<i>RIDER</i>	<i>TIME</i>	<i>POINTS</i>
1.	GARETH BLACKSHAW	13.13	1
2.	BARRY WILLIAMS - C.R.M	13.39	2
3.	JOHN PAUL OWEN	14.23	3
4.	PAUL CLEVERLEY	14.45	4
5.	MARK BOWMAN	14.47	5
6.	DEWI JONES- ENERGY CYCLES	14.49	6
7.	STEPHEN YATES	14.55	7
8.	DELWYN WILLIAMS	15.18	8
9.	WARREN MCDONOUGH	17.31	9
10.	JASON CORDINGLEY - CRM	17.39	10

HOLYHEAD C.C. WINTER LEAGUE - ROUND 2**FEBRUARY 14TH 2010****5 MILE TT - TREBAN - DALAR - TREBAN**

<u>POSITION</u>	<u>RIDER</u>	<u>TIME</u>	<u>POINTS</u>	<u>POINTS TO DATE AFTER ROUND</u> <u>2</u>
1.	PAUL MARTIN	13.18	1	1
2.	GARETH WILLIAMS	13.24	N/A	N/A
3.	BARRY WILLIAMS - CRM	13.54	2	4
4.	STEVE FARRAR	13.59	3	3
5.	PAUL CLEVERLEY	14.01	4	8
6.	DEWI JONES - ENERGY CYCLES	14.12	5	11
7.	JASMINE SHARP - ENERGY CYCLES	15.11	6	6
8.	DELWYN WILLIAMS	15.34	7	15
9.	WARREN MCDONOUGH	16.02	8	17
10.	JASON CORDINLEY - CRM	17.38	9	19

HOLYHEAD C.C. WINTER LEAGUE ROUND 3**MARCH 28TH 2010****5 MILE - TREBAN - DALAR - TREBAN**

<u>POSITION</u>	<u>RIDER</u>	<u>TIME</u>	<u>POINTS</u>	<u>POINTS TO DATE AFTER</u> <u>ROUND 3</u>
1.	GARETH BLACKSHAW	12.53 - COURSE RECORD	1	2
2.	KEITH EVANS - CRM	13.06	2	1
3.	PAUL MARTIN	13.21	3	4
4.	MARK BOWMAN	13.48	4	9
5.	JOHN PAUL OWEN	13.53	5	8
6.	JASMINE SHARP - ENERGY CYCLES	14.45	6	12
7.	WARREN MCDONOUGH	15.57	7	16
8.	JASON CORDINGLEY - CRM	18.36	8	18

WINTER LEAGUE FINAL OVERALL

2010

PLACING	RIDER	POINTS AFTER 2 BEST EVENTS
1ST	GARETH BLACKSHAW - HOLYHEAD C.C.	2 -POINTS
2ND	PAUL MARTIN - HOLYHEAD C.C.	4-POINTS (26.39 TOTAL TIME AFTER 2 BEST EVENTS)
3RD	BARRY WILLIAMS - CLWB RASIO MONA	4 - POINTS (27.33 TOTAL TIME AFTER 2 BEST EVENTS)

CLUB 8 MILE TIME TRIAL

LLANFAELOG - 8/4/10

1.	GARETH BLACKSHAW	19.00
2.	MARK BOWMAN	21.21
3.	ANDY SAUNDERS	21.34
4.	STEVE FARRAR	21.35
5.	PAUL CLEVERLEY	21.39
6.	WARREN MCDONOUGH	22.01
7.	DEBORAH SHERIDAN - CRM	22.29

CLWB SEICLO CAERGYBI - HOLYHEAD CYCLING CLUB

MONARFON LEAGUE ROUND 1

DALAR - 22/4/10

POSITION	RIDER	CLUB	TIME
1	GARETH MCGUINNESS	ENERGY CYCLES	22.34
2	WAYNE OWEN	ENERGY CYCLES	24.04
3	GARETH BLACKSHAW	HOLYHEAD CC	24.18
4	LUIGI BACCERINI	ENERGY CYCLES	24.23
5	DEWI JONES	ENERGY CYCLES	24.24
6	MEDWYN WILLIAMS	HOLYHEAD CC	24,38
7	BARRY WILLIAMS	CRM	24.54
8	DAVE HUGHES	CRM	25.24
9	DEREK SAYER	ENERGY CYCLES	26.06
10	MARK BOWMAN	HOLYHEAD CC	26.40
11	JASMINE SHARP	ENERGY CYCLES	26.45
12	DELWYN WILLIAMS	HOLYHEAD CC	27.24
13	WARREN MCDONOUGH	HOLYHEAD CC	27.29
14	OWAIN JAMES	ENERGY CYCLES	27.39
15	ALED WILLIAMS	HOLYHEAD CC	27.56
16	BARBARA WILLIAMS	CRM	32.47

CLUB 8 MILE CHAMPIONSHIPS

02/05/2010 - LLANFAELOG

PLACING	RIDER	TIME
1.	GARETH BLACKSHAW - GOLD *	19.54
2.	MEDWYN WILLIAMS - SILVER **	20.37
3.	DEWI JONES - ENERGY CYCLES	21.42
4.	GARETH WILLIAMS - BRONZE ***	21.46
5.	MARK BOWMAN	22.03
6.	ARWEL JONES	22.09
7.	PAUL CLEVERLEY	23.09
8.	ALED WILLIAMS	23.28

CLUB 10 MILE TIME TRIAL

13/05/10 - DALAR

PLACING	RIDER	TIME
1.	GARETH BLACKSHAW	24.06
2.	ARTHUR THOMAS - ENERGY CYCLES	24.39
3.	BARRY WILLIAMS - CRM	25.49
4.	KEITH EVANS - CRM	25.55
5.	MARK BOWMAN	26.31
6.	DEREK SAYER - ENERGY CYCLES	26.40
7.	STEVE FARRAR	28.02
8.	ALED WILLIAMS	28.49
9.	DELWYN WILLIAMS	29.35
10.	OWAIN JAMES - ENERGY CYCLES	29.41

CLUB 8 MILE TIME TRIAL

27/05/10

POSITION	RIDER	TIME
1.	DEWI JONES - ENERGY CYCLES	19.19
2.	WAYNE OWEN - ENERGY CYCLES	19.40
3.	MEDWYN WILLIAMS	19.43
4.	BARRY WILLIAMS - CRM	19.52
5.	PAUL MARTIN	20.09
6.	JOHN WILLIAMS - ENERGY CYCLES	21.05
7.	ALED WILLIAMS	21.10
8.	MARK BOWMAN	21.19
9.	WARREN MCDONOUGH	22.13
10.	DAVID LEE - CRM	25.23
11.	BARBARA WILLIAMS - CRM	25.34
12.	JASON CORDINGLEY - CRM	25.36

CLUB 10 MILE CHAMPIONSHIPS

SUNDAY JUNE 13TH - DALAR

POSITION	RIDER	TIME
1.	GARETH BLACKSHAW - GOLD	23.15
2.	ARTHUR THOMAS - ENERGY CYCLES	23.53
3.	PAUL MARTIN - SILVER	24.36
4.	MEDWYN WILLIAMS - BRONZE	25.07
5.	DEWI JONES - ENERGY CYCLES	25.12
6.	MARK BOWMAN	25.30
7.	DEREK SAYER - ENERGY CYCLES	25.50
8.	ALED WILLIAMS	26.15
9.	JASMINE SHARP - ENERGY CYCLES	27.09

8 MILE TIME TRIAL

24/06/2010 - LLANFAELOG

POSITION	RIDER	TIME
1.	GARETH BLACKSHAW	18.18
2.	STEVE WILCOX - RAF	19.01
3.	IWAN MORTON - CRM	19.09
4.	DEWI JONES – ENERGY CYCLES	19.15
5.	BARRY WILLIAMS - CRM	19.28
6.	PAUL MARTIN	19.39
7.	DEREK SAYER – ENERGY CYCLES	20.07
8.	MARK BOWMAN	20.21
9.	ALED WILLIAMS	20.31
10.	STEVE FARRAR	20.42
11.	DELWYN WILLIAMS	21.21
12.	JASMINE SHARP – ENERGY CYCLES	21.25
13.	OWAIN JAMES – ENERGY CYCLES	21.45
14.	DAVE LEE - CRM	22.55
15.	MERVYN JONES - UNNATTACHED	23.51
16.	BARBARA WILLIAMS - CRM	24.16

10 MILE TIME TRIAL

8/07/2010 - DALAR

POSITION	RIDER	TIME
1.	GARETH BLACKSHAW	23.05
2.	GARETH MCGUINNESS – ENERGY CYCLES	23.16
3.	ARTHUR THOMAS - ENERGY CYCLES	24.10
4.	DEWI JONES – ENERGY CYCLES	24.29
5.	MEDWYN WILLIAMS	24.32
6.	BARRY WILLIAMS - CRM	24.36
7.	DAVID GLEAVE - CRM	24.53
8.	IWAN MORTON - CRM	25.00
9.	MARK BOWMAN	25.36
10.	PAUL MARTIN	25.37
11.	ALED WILLIAMS	26.32
12.	JASMINE SHARPE – ENERGY CYCLES	27.18
13.	DAVID LEE - CRM	29.19
14.	BARBARA WILLIAMS - CRM	30.52
15.	JASON CORDINGLEY - CRM	31.55
16.	RHYS WILLIAMS	31.56

8 MILE TIME TRIAL

22/07/2010 - LLANFAELOG

POSITION	RIDER	TIME
1.	GARETH BLACKSHAW	18.34
2.	GARETH MCGUINNESS – ENERGY CYCLES	18.52
3.	MARK BOWMAN	19.46
4.	JOHN WILLIAMS – ENERGY CYCLES	20.37
5.	DELWYN WILLIAMS	21.13
6.	DAVE LEE - CRM	23.18

CLUB 25 MILE CHAMPIONSHIPS

01/08/2010 - ABERFFRAW

POSITION	RIDER	TIME
1.	GARETH BLACKSHAW - GOLD	1.03.02
2.	PAUL MARTIN - SILVER	1.06.30
3.	IWAN MORTON - CRM	1.06.41
4.	DAFYDD WILLIAMS - CRM	1.09.49
5.	GARETH HIND - CRM	1.11.13
6.	ALED WILLIAMS - BRONZE	1.13.21
7.	JASON CORDINGLEY	1.30.40

CLWB SEICLO CAERGYBI - HOLYHEAD CYCLING CLUB**GWYNEDD C.A. 10 MILE TIME TRIAL - AUGUST 12TH**

Position	Name	Club	Time	Vet. Std + or -	Points
1	Justin McIlveen	Rhos-on-Sea	21m 49s		40
2	Gareth Bowyer	Rhos-on-Sea	21m 54s	+3.48	39
3	Gareth McGuinness	Energy	21m 56s	+3.46	38
4	Gareth Blackshaw	Caergybi	23m 31s		37
5	Simon Roxburgh	Rhos-on-Sea	23m 46s		36
6	John Holt	Llyn	24m 03s		35
7 =	John Eifion Williams	Rhos-on-Sea	24m 13s	+1.41	34
7 =	Wayne Owen	Energy	24m 13s		34
9	Barry Williams	Mona	24m 14s	+5.06	32
10	Arthur Thomas	Energy	24m 47s	+6.43	31
11 =	Paul Martin	Caergybi	24m 51s	+1.51	30
11 =	Iwan Morton	Mona	24m 51s		30
13	Dewi Jones	Energy	24m 53s	+1.25	28
14	Medwyn Williams	Caergybi	24m 55s	+1.59	27
15	Rhian Roxburgh	Rhos-on-Sea	24m 57s		26
16	Aled Roberts	Rhos-on-Sea	25m 03s		25
17	Chris Pritchard	Rhos-on-Sea	25m 04s	+2.42	24
18	David Dudley	Rhos-on-Sea	25m 17s	+1.25	23
19	Mike Burns	Rhos-on-Sea	25m 18s	+1.36	22
20 =	Mark Bowman	Caergybi	25m 20s	+0.22	21
20 =	Luigi Baccarini	Energy	25m 20s		21
22	David Thomas	Energy	25m 43s	+7.03	19
23	Gerallt Roberts	Mona	25m 49s		18
24	Dave Hughes	Mona	25m 57s	+0.45	17
25	Howyn Roberts	Mona	25m 58s	-0.16	16
26	Derek Sayer	Energy	26m 14s	+4.02	15
27	John Williams	Energy	26m 37s	+3.39	14
28	Adam Holt	Llyn	26m 40s		13
29	Aled Williams	Caergybi	26m 47s	+0.20	12
30	Huw Parry	Mona	27m 19s	+3.26	11
31	Jasmine Sharp	Energy	27m 54s		10
32	Joe Holt	Llyn	28m 38s		9
33	Dave Lee	Mona	28m 53s		8
34	Graham Edwards	Rhos-on-Sea	29m 34s	-0.14	7
35	Jason Cordingley	Mona	30m 34s		6
36	Barbara Williams	Mona	31m 16s	-1.00	5

CLUB HILLCLIMB CHAMPIONSHIPS - ROUND 1

SEPTEMBER 9TH - MYNYDD PARYS - AMLWCH

POSITION	RIDER	TIME	CHAMPIONSHIP POINTS
1.	GARETH BLACKSHAW	3.44	1
2.	DAVID GLEAVE - CRM	3.45	N/A
3.	MARK BOWMAN	3.47	2
4.	PAUL MARTIN	4.04	3
5.	MEDWYN WILLIAMS	4.14	4
6.	PAUL CLEVERLEY	4.20	5
7.	DELWYN WILLIAMS	4.38	6
8.	ALED WILLIAMS	4.41	7
9.	MICHAEL ROBERTS	6.03	8

CLUB HILLCLIMB CHAMPIONSHIPS - ROUND 2

SEPTEMBER 16TH - PORTHDAFARCH / PENRHOSFEILW

POSITION	RIDER	TIME	CHAMPIONSHIP POINTS	POINTS TO DATE
1.	GARETH BLACKSHAW	2.49	1	2
2.	DAVID GLEAVE - CRM	3.01	N/A	N/A
=3.	PAUL MARTIN	3.14	2	5
=3.	MEDWYN WILLIAMS	3.14	2	6
5.	IFOR PHILLIPS	3.24	5	5
6.	PAUL CLEVERLEY	3.27	6	11
7.	STEPHEN YATES	3.31	7	7
8.	DELWYN WILLIAMS	3.32	8	14
9.	DAVE WILLIAMS	3.36	9	9
10.	MICHAEL ROBERTS	3.41	10	18
11.	ALED WILLIAMS	3.42	11	18
12.	MARK BOWMAN	3.58	12	14

CLUB HILLCLIMB CHAMPIONSHIPS - ROUND 3

SEPTEMBER 18TH - SOUTH STACK

POSITION	RIDER	TIME	POINTS	TOTAL CHAMPIONSHIP POINTS (SOUTH STACK & BEST OTHER)
1.	GARETH BLACKSHAW	3.29	1	2
2.	PAUL MARTIN	3.49	2	4
3.	IFOR PHILLIPS	3.52	3	8
4.	BARRY WILLIAMS - CRM	3.59	N/A	N/A
5.	MARK BOWMAN	4.02	4	6
6.	STEPHEN YATES	4.05	5	12
7.	DAVID WILLIAMS	4.15	6	15
8.	MICHAEL ROBERTS	4.28	7	15
9.	DAVE HUGHES - CRM	4.44	N/A	N/A

CLWB SEICLO CAERGYBI - HOLYHEAD CYCLING CLUB

2010 HILLCLIMB CHAMPIONSHIPS

FINAL RESULT

1ST - GARETH BLACKSHAW

2ND - PAUL MARTIN

3RD - MARK BOWMAN

18 RACES STAGED – 209 COMPETITORS

ALL THESE RESULTS AND THOSE OF THE 2008 & 2009 SEASONS CAN BE
FOUND ON THE CLUB WEBSITE

<http://www.freewebs.com/holyheadcyclingclub/>